

Dr. Calmes Retirement Notification

July 1, 2026

Dear patients,

It is with mixed emotions that I announce my retirement from Arthritis & Osteoporosis Associates, LLP and medical practice effective September 30, 2026.

I have considered the practice of medicine to be a calling and not simply an occupation or job. Fifty years ago I started medical school with a dream of a lifelong career of providing medical care and help for others. I have been honored and blessed to be chosen as your rheumatologist. Thank you for your trust over the years. After 41 years of practice and after much thought and prayer, I have decided to end my role as a physician. I look forward to expanding and improving my role as husband, father, and grandfather.

After September 30, 2026, your medical records will remain at Arthritis & Osteoporosis Associates. AOA will serve as custodian of your confidential medical records. Dr Taylor Warmoth and the nurse practitioners under her supervision will continue to provide rheumatology services for you. If you prefer to transfer your care to another rheumatologist in the west Texas area, AOA will send records to your new provider upon receipt of your signed release of medical records. Please send the signed release to Arthritis & Osteoporosis Associates, 5220 80th St Lubbock, TX 79424.

Again thanks for the years we've spent partnering in your care and the fond memories of our encounters I will carry forward with me. I leave you my best wishes for your future health. God bless you.

Sincerely,

J. Michael Calmes MD